



INTENT

At Furness Vale Primary and Nursery School, our PHSE curriculum is of the utmost importance in developing our pupil's knowledge and skills to keep themselves healthy and safe and prepare them for life and work in modern Britain. Our curriculum is designed to be accessible to all children and assist them in knowing more and remembering more about playing a positive and successful role within society. It is our intention that children become healthy, independent and confident in their knowledge of their local, national and global surroundings. We want to equip them with the knowledge to be able to tackle moral, social and cultural issues that are part of growing up. As a school we aim to ensure our children:

- Know and understand what constitutes a healthy life-style.
- Are aware of how to stay safe; including on-line.
- Know what makes a healthy relationship.
- Develop their resilience and self-esteem.
- Become active members of their community.
- Develop mindfulness which will help to increase concentration, emotional awareness and focus.

IMPLEMENTATION

At Furness Vale Primary and Nursery School we use the Jigsaw programme to ensure we deliver a complete and sequential PHSE curriculum. The Jigsaw programme has six puzzles/units that are taught throughout the year. Each puzzle/unit is launched in a whole school assembly, with an accompanying song and the whole school works on the same topic at the same time of year. As we have mixed aged classes we have designed a two year rolling programme, ensuring complete coverage of the PHSE curriculum.

The six topics are.

- Being Me in My World - 'Who am I and how do I fit?'
- Celebrating Difference - Respect for similarity and difference and being unique.
- Dreams and Goals - Aspirations, how to achieve goals and understanding the emotions that go with this.
- Healthy Me - Being and keeping safe and healthy.
- Relationships- Building positive, healthy relationships.
- Changing Me- Coping positively with change.

In EYFS and KS1 the children's work is recorded in a class book and in KS2 the children begin a Jigsaw Journal, that follows them throughout the Key Stage.