

# Samba activities to do at home

## Warm-up

Warm-up your body and voice.

### Body warm-ups

1. Stretch up to try to reach the ceiling and hold.
2. Touch your toes and hold.
3. Roll your shoulders forwards and backwards.
4. March on the spot for 30 seconds.

### Voice warm-ups

1. Make a big long yawn.
2. Make a big long sigh.
3. Make an ooh sound and make your mouth a small o shape.
4. Make your biggest smile and say 'Cheese'.
5. Make the sound of a police car siren - up and down.
6. Can you say Brrrrrr - making your tongue flutter.  
Can you do a high Brrrrrr?  
Can you make a low Brrrrrr?

## Ai Caramba Samba song

Learn to sing this song:

1. Listen to the song and follow the words (on the next page) to remind yourself of the song.
2. Practise singing the song with recording.
3. Ask a grown-up if you can watch the following YouTube clip of the Hallé Orchestra playing this song with groups of school children singing along.  
Join in with the dance moves.  
<https://www.youtube.com/watch?v=kFIq64Bs1Nk>
4. Sing the song with your recording, adding in dance moves and actions as you sing. Use the ones in the YouTube clip, or make up your own.

# Ai Caramba Samba

ARRRRRIBA! (*Spoken, low to high*)

- 1 Come with me-o, we're off to Rio,  
We're-a gonna dance and sing,  
Feel the beat-a right in your feet-a,  
Now you're getting in the swing.  
Baila, baila, you've got the style-a,  
Now-a let the rhythm flow,  
E muito, bon-bon-bonito,  
Samba, here we go!

**CHORUS** *Samba, samba, samba, samba carnival,  
Samba, samba, samba, samba carnival, AI CARAMBA!*  
(Repeat)

ARRRRRIBA! (*Spoken, low to high*)

- 2 Am-amiga, am-am-amiga, am-am-am-am-amigo,  
Am-amiga, am-am-amiga, am-am-am-am-amigo.  
Am-amiga, am-am-amiga, am-am-am-am-amigo,  
Am-amiga, am-am-amiga, samba, here we go!

## CHORUS

### GROUP 1 (*Spoken*)

Olé, olé, olé.  
Olé, olé, olé.  
Olé.  
Olé.  
Olé, olé, olé.

### GROUP 2 (*Spoken*)

Olá-lá-lá.  
Olá-lá-lá.  
Olá.  
Olá.  
Olá-lá-lá.

ARRRRRIBA! (*Spoken, low to high*)

- 3 Ba-balada, boa balada, ba-ba-ba-balada bo,  
Ba-balada, boa balada, ba-ba-ba-balada bo.  
Ba-balada, boa balada, ba-ba-ba-balada bo,  
Ba-balada, boa balada, samba, here we go!

## CHORUS

*Samba carnival, AI CARAMBA!*  
*Samba carnival, AI CARAMBA!*

## Ai Caramba Samba rhythms

Pick out some rhythms from the words of the song and clap them as a repeated pattern (ostinato) throughout a section of the song with the recording, e.g.

Verse 1 - clap the rhythm of these words throughout:  
'Come with me-o, we're off to Rio'

Chorus - clap the rhythm of these words throughout:  
'Samba, samba, samba'

Verse 2 - clap the rhythm of these words throughout:  
'We're gonna dance and sing (rest)'

Olé, olé, olé - call and response section - try these:  
'Olé, olé, olé' - rhythm in your feet (stepping on the spot)  
'Olà-là-là' - clap the rhythm of the words

### Samba Quiz

1. Which country is samba from?
2. Which four samba instruments have we been learning to play?
3. What is the musical name for a repeating pattern?
4. In a samba piece, what is the name for the main section of the piece built of repeating patterns in each instrument?
5. Can you name any other sections of a Samba piece, e.g.  
the start  
the ending  
the bit that breaks up the main sections...?