Samba activities to do at home

Don't clap this one back rhythms

Clap each of the patterns below.

Which one is "Don't clap this one back?" Which one is "Never ever clap this back?"

1.								
2.						1		
3.						1		
4.				7				
Can you write the rhythm for "Never clap this one back"?								

Why not teach the game to members of your family? Start with one forbidden rhythm.

Banana smoothie

Practise our banana smoothie chant with the actions. See if you can learn the sequence of actions by heart. Ask someone in your family to copy you for the responses.



Leader - call

Bananas of the world unite.

Peel banana, peel, peel, banana.

Chop banana, chop, chop banana.

Mash banana, mash, mash banana.

Blend banana, blend, blend banana.

Pour banana, pour, pour banana.

Drink banana, drink, drink banana.

Go bananas, go, go bananas!!

Sick banana, sick, sick banana.

Bananas of the world unite.

Reponse

Bananas of the world unite.

Peel banana, peel, peel, banana.

Chop banana, chop, chop banana.

Mash banana, mash, mash banana.

Blend banana, blend, blend banana.

Pour banana, pour, pour banana.

Drink banana, drink, drink banana.

Go bananas, go, go bananas!!

Sick banana, sick, sick banana.

Bananas of the world unite.

1. Practise repeating this word rhythm over and over:

Peel banana, peel, peel banana.

2. Practise tapping your knees forthe pulse (X) while you say the word pattern:

X X X X X Peel ba-na-na.

Notice how only the words or syllables in bold are with the beat.

Practise repeating this over and over.

3. Practise saying the entire rhyme whilst tapping the pulse on your knees throughout.

CHALLENGE - Can you stand up and walk on the spot in time with the pulse whilst clapping and saying the word pattern?